



# DAILY GRATITUDE PROMPTS

- Start a daily habit of gratitude by recording your blessings in a Gratitude Journal.
- Look up verses about gratitude and choose one to memorize this week.
- Send a Thank You card to someone who has impacted you this week.
- Share what God has done in your life with other people.
- Make a habit of remembering blessings and meditate on them.

#### **SCRIPTURE**

#### **PRIMARY TEXT:**

Jeremiah 45

#### **SUPPLEMENTAL TEXT:**

Jeremiah 33:15-16, Galatians 4:4-5, Philippians 4:4-8, Philippians 4:16

#### **OBSERVATION AND APPLICATIONS**

<ul> <li>Read Jeremiah 45. What causes you to shift to a mindset of entitlement?</li> </ul>
Have you ever taken inventory of all God has put you over? Make a list below.
What are some practical ways you can give back this Christmas?
Brainstorm ways you can have an intentional mindset of gratitude with your finances, time, energy, family, friendships, faith, etc.

## RESOURCES

- One Thousand Gifts by Ann Voskamp
- **©** Gratitude Journal
- ල Everyday Praise Journal
- **付 Thank You Cards**
- (c) Care Groups: Financial Care
- Ignite Through Giving

## **PRAYER**

- Pray for a grateful heart.
- Praise God for who He is and thank Him for all that He has done in your life.



# S.O.A.P. METHOD

Use this tool to study God's Word

SCRIPTURE Write which passage of scripture you are reading
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OBSERVATION
What is this text saying? What is the context? How does it fit with the verses before and after it? Are there any commands or instructions?
APPLICATION  How can you apply this verse to your life? What does this mean today? What is God saying to you?
PRAYER
Respond to the passage in prayer. Ask God to help you apply this truth to your life and spend some time listening to what He may be telling you.